

It Takes a Team: Understanding, Supporting, and Advocating for Youth in Foster Care with Emotional Disturbances

Saturday, June 15, 2013, 11 a.m. – 3 p.m.

Kaiser Permanente Oakland

**Conference Dining Room, on the 2nd Floor 1950 Franklin St
Oakland**

This training will provide participants with practical information about trauma-informed care and the use of psychotropic medication for youth in foster care, and ways the CASA can effectively advocate for the children they serve.

Part 1

1. Definition of trauma and complex trauma,

2. It's impact on youth in foster care, and

3. Useful ways in which a CASA volunteer can support and advocate for youth that have experienced trauma using the framework of Trauma Informed Care (TIC).

Part 2

1. Psychopharmacology, evidence-based psychopharmacology for traumatized youth

2. Best-practice steps that make up medication evaluations for youth.

3. Effective collaboration between the CASA volunteer and the youth's care team to best advocate for the diagnosis, treatment, and management of a mental health condition(s).

4. Question and answers. Participants will also have an opportunity to ask questions of the facilitators.

Attached are two recent publications by the American Academy of Child and Adolescent Psychiatry (AACAP) and the Children's Bureau (HHS-ACYF). You may find these useful to review in advance of the training.

Facilitators: Morgan Lloyd, LCSW; George Fouras, MD

Dr. Fouras was a member of the American Academy of Pediatrics (AAP) Task Force on Foster Care and is a current member of the AAP's Council on Foster Care, Adoptions and Kinship Care (the standing group formed by the task force). Recently Dr. Fouras chaired a day-long institute on "Complexity of Care for Youth in Foster Care" at the 2012 annual meeting of the AACAP. Dr. Fouras is a board-certified psychiatrist, a past President of the San Francisco Medical Society, and currently employed at both the San Francisco Human Services Agency and the San Francisco Department of Public Health. One of his responsibilities is to review all JV-220s on behalf of the dependency court in San Francisco. Dr. Fouras earned his medical degree at The Ohio State University and completed his residency training at Los Angeles County General Hospital + USC Medical Center.

Ms. Lloyd is a practicing LCSW and therapeutic provider serving mostly teenagers in foster care; she focuses her practice on youth who have experienced complex trauma. Currently Ms. Lloyd is a therapist at West Coast Children's Clinic in Oakland. For the last eight years Ms. Lloyd has also served as a CASA volunteer to a youth, now young man, who recently elected for EFC. She earned her MSW at The School of Social Welfare, University of California, Berkeley.